



I'd Rather

Would you like a fun way to help people who are acquainted, get to know each other better? Try this!

Objective:

To get the group warmed up, and help people get to know each other better.

Timing: Depends on the size of the group and how long you want to spend.

Resources: None

Instructions:

1. Ask participants to sit in a circle so everyone can see each other.
2. Start by saying something you like to do. For example, *"I like to walk my dog in the park."*
3. The person next to you restates what you said, and says something she or he would rather do. *"Rather than walk my dog in the park, I'd rather go out for Japanese food."*
4. The next person continues with the last statement, *"Rather than go out for Japanese food, I'd rather go windsurfing."*

Variations

Specify a work-related category or play "worse than" eg. "Worse than going to the dentist is getting stuck in traffic."

Debrief:

Ask: How easy or difficult is it to share information about yourself? How can you share information with colleagues or clients to build better relationships?